




R&R
NAILS · HAIR · BEAUTY
MASSAGE · TANNING · WAXING

Never too late for
some pampering

Open 9am - 7pm Monday - Saturday
9am - 5pm Sundays



www.randrspa.co.uk

Our Spa is located on the 1st Floor
Please book your appointment at our
main reception desk or call 300 from your room.



OPENING TIMES
7.30am - 9.30am Monday - Saturday
8.00am - 10.00am Sunday

BREAKFAST MENU

*Please help yourself from our
Breakfast Buffet Selection*

CHILLED JUICES

Orange, Cranberry, Grapefruit, Apple Juice

CEREALS

Cornflakes, Muesli, Weetabix, Alpen, Coco Pops

FRUITS, COMPOTES & YOGHURTS

Hot Scottish Porridge Oats,
Stewed Prunes, Grapefruit Segments,
Natural Yoghurts, Fruit Yoghurts
Fresh Fruit

THE CONTINENTAL SELECTION

Selection of Continental Salami
Sliced Baked Ham
Sliced Cheeses
Selection of Croissants
Selection of Danish Pastries
Assorted Muffins
Brown or White Toast

PRESERVES & SPREADS

Orange Marmalade, Strawberry Jam, Blackcurrant Jam
Marmite, Chocolate Spread

THE GRILL SELECTION

Grilled Bacon, Grilled Local Sausage, Grilled Tomato,
Baked Beans, Sauté Mushrooms, Hash Brown
and Eggs Just the way you like them
Boiled, poached, scrambled or fried

THE FISH SELECTION

Poached Smoked Kipper
Garnished with lemon

Steamed Smoked Haddock
Garnished with lemon

VEGETARIAN BREAKFAST

Vegetable Sausage, Grilled Tomato, Sauté Mushrooms,
Hash Brown and Baked Beans
Plus your choice of poached, scrambled or fried egg

THE HOUSE SPECIALITIES

2 Large Free Range Egg Omelette cooked to order
Served Plain, or with Sauté Mushrooms or West Country Cheddar

Scrambled Eggs with Smoked Salmon Combo
Lightly toasted muffin, scrambled eggs topped with smoked salmon

TEAS & COFFEE

English Breakfast Tea, Decaffeinated Tea, Cafetiere Coffee,
Decaffeinated Coffee, Earl Grey, Peppermint Tea and a Selection of Fruit Teas



£15.00 per person **£12.50** children under 6